

In Touch

Spring 2016



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Chief Executive

Joanne Creighton

Do you remember the days before email, when there seemed to be many more opportunities in the working week to stop and reflect? If we needed to communicate in writing, we sent letters and then had the luxury of three or four days before having to deal with the reply. Now, we send email after email in a desperate attempt to get things off the 'To Do List' and the replies come - sometimes within seconds - and so the cycle continues. There are advantages of course: we can make progress and resolve issues more quickly than in the past. The downside, though, is that there seems to be far less time to raise our heads above the computer screen to remind ourselves of the true meaning of our work.



That's one of the reasons I am so glad we produce these regular editions of 'In Touch'. Reading through the articles before they go to print reminds me of the sheer colour and variety of all we do here at COT. From service user parties and holidays, through to the humbling efforts of our fundraisers, the exciting developments in our Life Skills services and the wonderful work going on with school visitors on the Farm, there is plenty to warm the heart this time around.

In a similar vein, the Life Skills Certificate Presentation that we held in the Falcon's Centre on the afternoon of Friday 18th March was, perhaps, the best end to a week I can remember in a very long time. Having spent the morning in a Board Meeting, debating how best to navigate the ever-increasing demands of a cash-strapped Care sector, we were all looking forward to joining the event and celebrating our service users' achievements.

I had the honour of helping the Chairman to hand out 117 certificates to our students that afternoon. The awards covered a wide variety of disciplines including Health & Safety, Hospitality, Catering, Food Safety, Horticulture, Pottery, Agriculture, Conservation, Information Technology and Woodworking. The range was quite breath taking and served as a very timely reminder of how special our Life Skills programmes are. Some students collected three or four different certificates for their hard work, leading me to wonder when they found time to sleep.

And if that wasn't heart-warming enough, I was discussing the event with a service user the following day who explained, "I thought it was a lovely afternoon. I didn't get a certificate this time, but it was still so nice to see the others get theirs." Honestly, I am so proud of this place, I could burst.

Care and Living

Care Services Office

Carol Senior

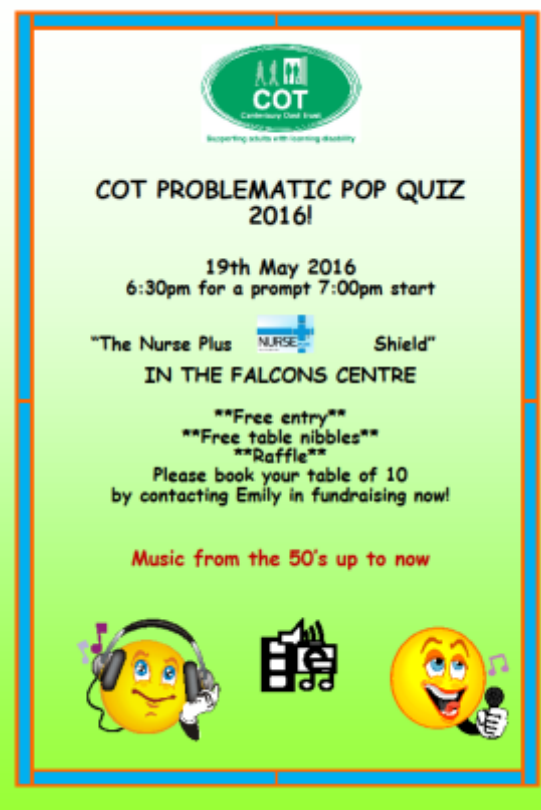
Oops, it has been so busy around here lately that I almost missed the deadline for In Touch! As a consequence I have quickly been wracking my brains to think what has been happening since the last edition.

Well first of all, many of you will know by now that Emma Christmas, who has been with the Trust for 21 years, has opted to leave us in April and will be sadly missed by service users, parents and colleagues alike. I am sure everyone will join me in wishing her all the very best for the future.

On the good news front, we have seen a few moves in recent weeks – Jacquie Bowles moved from Farm House to take up residence in Ivy Cottage, David Tozer also made a move from Holly Cottage to Old School House, and in the last week we have welcomed a brand new resident, Daniel Stevenson, into Old School House. Once again, I would like to take this opportunity to extend a big welcome to Daniel and to wish all three residents good luck in their new homes.

As for the office, what can I say? We are endeavouring to cover some extended sick leave in both the Care Services office and the CSS office at the moment, so it sometimes feels as if we are manically pounding away on that old treadmill, but I am proud to say that the whole team is pulling together and we do seem to be gliding forward in a swan-like manner (ie paddling furiously underneath). I think special mention should perhaps go to Liz Halls who has over the last month or so been single-handedly holding up the CSS office in the absence of her colleagues – what a trooper!!

Since Christmas we have also gained some help in the office each Monday. Thomas Woolgrove has been volunteering his services, taking up position on our hot desk, to undertake some computer and administrative work, and brightening up the start of each week.



Beaver Lodge

Neil Showell

I would like to thank all my family and friends for coming to my 40th birthday party on February 6th at the Falcon centre. I had a wonderful evening; the hot food was fantastic with plenty to go around; the disco got everyone up on the floor dancing and the Falcon centre looked great with all the 40th birthday balloons. I would like to say a special thank you to Brenda for making my birthday cake - I loved it! I would also like to say a very big thank you to Carl and the team in the Granary, nothing was too much bother. And lastly I would like to say thank you to all my support staff for helping me organise and plan my party. I have some really nice photos of the evening and some great memories.



Farmhouse

Hi everyone

Emma had her birthday; she went bowling and celebrated with a party in January.

Everyone is looking forward to spending Easter with their families, new keyworkers were assigned for the coming year and everyone is looking forward to their Keyworking days out.

We have been lucky enough to have some of our tired looking rooms painted by Mick and Becky- a big thank you for a wonderful job.

This year has seen Jackie move over to Ivy Cottage where she has settled in really well and she has since visited for a girly evening with Emma painting nails etc. Her move enabled Nicholas to move down into a bigger bedroom which he is enjoying.

Thomas Lovegrove

I go to see my horse Bill every Friday morning before I volunteer in the Fundraising Office.



When I get to the stables, Bill is in his box waiting for me. First I give him a good brush because at this time of the year he likes to roll in mud! I then go and get his saddle and bridle. I tack him up, put my riding hat on and then we're ready to get going.

We go into the sand school with my instructor Ann. First we warm up by walking then have a little trot. Today we were jumping. There were three jumps set up and jumped them all.

Bill's a really good boy and I enjoy riding him.

Jasmine

My Christmas Holiday

I went to Gran Canaria on 22nd December on an EasyJet flight. The weather was lovely, blue sky every day and it was hot 28/29°C. I was in Room 102 which I shared with my friend, Linda.

We saw a reptile show, went to Oasis Park and had a grand tour of the island. We also visited an Aloe Vera plant factory. On another day we went to a goat farm and I went swimming and went down a slide and in the jacuzzi. We also played table tennis and party games and watched Circus acts.



At our complex we saw a parrot show and played darts; I won a couple of times. There were dancing shows in the evening and on Christmas Day there was a magic show, which was amazing.

Anna Pearson –Wood



I am going to look at holiday brochures for Cleethorpes and Grimsby, both in Lincolnshire for places with a swimming pool and sandy beaches, and to see if I can visit the Waltham working windmill with support staff.

When I get back with some photos I will write an article for In Touch.

New! Screen Scene

Reviewer: Symon Young

I have been watching:

Jonathan Creek with Alan Davies, Caroline Quentin and Julia Sawalha.

I have also enjoyed The Bill with Alex Walkinshaw as Sgt Dale Smith (Smithy),

Escape to the Country with Jules Hudson, Alistair Appleton and Nicki Chapman

Terminator 3: Rise of the Machines with Arnold Schwarzenegger.



Life Skills

Art at the Farm

Alan Davies



So here we are, well in to the New Year and we are gearing up for a busy summer. We have been busy pushing on with our City and Guilds courses in both Ceramics and Felt Making and our wonderful artists are progressing well with this and thoroughly enjoying the experience.

We have also been creating wonderful work towards various projects that are going on throughout the year; we have been storyboarding, building sets and creating imaginative Plasticine characters for our animation project which is very exciting. We are also exploring and experimenting with techniques and processes to create an abstract landscape project, which we hope will go on display in the summer in Hastings; this will give everyone an excuse to have a day out at the seaside and visit our exhibition!

We have just put a new display of work up in the Granary Restaurant following the success of our previous collection in there, we now have lampshades for sale and wonderful new display boxes that showcase our other craft items including ceramics and textiles, please do pop in and have a look!

We would also like to tell you about a new venue where you will be able to find our paintings and prints for a while, Harris and Hoole coffee shop at Junction 10 Tesco, Ashford. The lovely staff there have agreed to show some of our work and support COT and as this goes to print we will have had our launch event which I am sure some of



you will have come along to. Harris and Hoole are also supporting the Granary restaurant students by giving them some outlet space for their great cakes on different dates; these dates will be announced soon.

So all in all we are busy getting out and about, still creating beautiful work, and being creative. We hope to see you at some of our events this year.

Best wishes from myself and the Team at Art at the Farm.

These are some of the friendly characters in our latest animation project.

Plants and Produce

With a definite feeling of spring in the air we are very happy to say goodbye to a horribly wet winter. This is a great time of year for gardeners, full of hope, expectation and excitement for the coming season. The Plants and Produce team are busy planning and preparing for the summer. Seeds are being sown, seedlings carefully pricked out and our precious new plants are being nurtured as we get them through the next few weeks of unpredictable British weather. Every evening you'll see us tucking the tender plants in under fleece to protect them from low temperatures and frost damage.

We have also been researching new and exciting varieties of vegetables, fruit and flowers to grow ourselves and sell to our visitors both as produce and plants. After the success of our delicious and very nutritious black turtle beans we are giving chick peas a try this year. Gary has been busy running refresher courses, so, due to the high standard of seed sowing, we have an abundance of strong, healthy plants ready to plant in the poly tunnel once the soil has warmed a little. Sadly the peanut harvest was a little disappointing in the autumn as the crop was devastated when the mice got a taste for them. However we won't let a little thing like ravenous rodents stop us as they are a fascinating plant and everyone really enjoyed growing them.

We have also been busy over the winter further developing the raised bed site to make it more attractive, productive and user friendly.

The path leading to the area has been planted with apple and pear trees which will be trained as espaliers, with the branches growing horizontally. This will enable the fruit to be picked by people with limited mobility and from a wheelchair thereby opening up new harvesting opportunities for many people.

Our tomato plants of various different shapes, sizes and colours are coming along delightfully, and along with our vegetable packs are available for sale now. Keep your eyes on the sales area by the shop; they don't hang around for very long! Herbs are springing back into life now too; it's a very good time to be planting so there will be a wide variety of these available as well.



We have started growing our summer bedding plants in the last few weeks and they are growing nicely. We will have a vibrant selection of summer bedding ready at the end of April - beginning of May. We will be offering our hanging basket planting service again this year too. The tunnels and glasshouse are all filled to bursting with all our baby plants. It is so lovely to be really busy again - the spring has sprung!



Poulton Wood

Lynn Cooke

Well, it would seem that winter is finally over! The sun is shining (today at least) the birds are flirting and the bluebells are already showing bits of blue! The first bloom this year was recorded in the wood on 4th Feb and on the 17th we had a walk and counted 30! Looks like they're going to be early this year after a very mild and wet winter. Bluebells are site specific and can bloom anytime mid-April to mid-May and Poulton Wood always fell into the mid-April category. Then we had a few cold winters and they were getting later and later and well into May before they reached full bloom. This year however they are definitely slipping back into their old ways. Every year we spend a lot of time watching and waiting and wondering when. Mostly because we want to pitch our Bluebell Cream Tea as closely as possible to coincide with their peak of perfection, but it's always tricky.

The date we've set for this year is Saturday 23rd April which is St George's Day. Fantastic we all thought, let's make a meal of it! Well, Julian is going to dress up as St George (and believe me he didn't take much persuading) and has got himself some very fitting knight in shining armour type attire, and everyone has been really busy helping him to make a giant willow dragon which, if I do say so myself, is very impressive indeed. We thought something along the lines of St George joining us on the guided walk – someone rushing out of Lambert's Marsh in a distressed state shouting 'HELP! HELP!', St George rushing to assist (with all the walkers following), coming upon a damsel tied to a tree with the dragon on guard, at which point Julian, I mean St George, leaps into the breach with his lance at the ready, slays the dragon, rescues the damsel - to lots of cheering, then all back to the mess hut for a cream tea! Sounds altogether not to be missed! Only thing is – will the bluebells be over? Should we bring the date forward? Can we still do the St George thing, authentically, if it's not on the actual day? Decisions, decisions!



WE ARE WELCOMING VISITORS

SATURDAY 23rd APRIL 12 noon – 5pm

WALK THROUGH THE WOODLAND AND ENJOY THE

BEAUTIFUL BLUEBELLS

OR JOIN ONE OF OUR FREE GUIDED WALKS

DONATIONS GREATLY APPRECIATED

AND LEARN ABOUT THE WOODLAND AND THE FOLKLORE OF THE BLUEBELLS

WE WILL BE SERVING TRULY SCRUMPTIOUS CREAM TEAS

WITH HOMEMADE POULTON WOOD JAM

Anyway, best sit down for this next bit of news. The workshop's up! It's not entirely finished, the sides still need panelling, but the structure's sound, the roof's on, and the scaffolding has gone. Great big thanks to Dan from Estates who did the job single handed and incredibly quickly. We can finish it off ourselves but even as it stands, with open sides, it looks fantastic! We can't wait to get rid of the old marquee and are planning possibly a ceremonial burning, though I have to say it's done a good job for us over the past several years so perhaps we'll make a flag out of it that we can fly from the top of the new workshop as a mark of thanks.

Our focus at the moment is washing and painting our sheds, re-vamping our shop, generally spring cleaning the site and most importantly, siting our brand new, all singing and dancing, professionally made information boards. They are truly lovely and we're putting a lot of thought into where to place them, how to frame them, a bit higher, a bit lower, ½

an inch to the left, everyone with a different opinion.

Anyway that's all from me – gotta go – decisions to make! Big thanks as ever from the Woodfolk to all those who support us with both time and money.



Fundraising

Angela Phipps

Cycling's marathon event

We have four people taking part in this year's London to Surrey 100 mile cycle ride to raise funds for COT. Our riders, Kevin Gallagher, Scott Norman, Malcolm Oates and Richard Chipps will take on this gruelling ride (cycling's equivalent of a marathon) on the 31st July. This is what Kevin had to say about riding for COT again this year: "After taking part in two big sponsored rides in 2015 for C.O.T. I was planning on putting my feet up this year but I'm pleased to say that I will, once again, be getting back on my bike this July taking part in the Prudential London-Surrey 100. The opportunity to ride again for COT in this fantastic sponsored cycle event was too



good to miss. I will be hoping to raise much needed funds during the coming months so please look out for ways of sponsoring me in the next edition of In Touch."

www.prudentialridelondon.co.uk/events/100/

London calling

Fancy challenging yourself in the capital? The iconic British 10K London run is being held on the 10th July. We already have some brilliant people running for us but have a few places left, so if you'd like to be part of the COT team get in touch.

www.thebritish10klondon.co.uk



The Tenterden tee-off

Our friends at the Rotary Club of Tenterden are hosting a golf day for us on the 20th May. These are always brilliant fun filled days so, if you fancy playing a round on our beautiful local golf course while helping to raise funds for our charity, please book your 4-ball soon! There are tremendous prizes on offer including a £5,000 cruise if you get a hole in one on the 18th and on the day we'll be serving on-course refreshments made in the Granary Restaurant. Our thanks to everyone at the Rotary Club of Tenterden for hosting the day for us once again.



www.tenterdenrotary.org.uk/

www.tenterdengolfclub.co.uk/

STOP PRESS! The Rotary Club of Sandwich are hosting a golf day on the 6th May at Princes Golf Club. Once again this year they will be helping to raise funds for COT by auctioning off some of the wonderful cases of wine donated by the International Wine Challenge to CPT last year.

www.rotary1120.org/sandwich/comming-events

Something's cooking in the kitchen!

What a fantastic surprise it was to hear that our generous friends at the Civil Service Insurance Society Charity Fund have donated £15,000 to fund a new training kitchen within the Granary Restaurant. The Fund supported our catering training project last year too when they funded a programme piloting a second catering tutor. Now with this further support we'll be able to create a new specialised training kitchen area within the Granary. This will open new opportunities for students to join the programme, provide accessible facilities for students with limited mobility (including wheelchair users) and widen the scope of our training to include cooking and hygiene skills for domestic environments. Our heartfelt thanks go to the Trustees of the Fund for keeping our work in their thoughts.



www.csis.co.uk/our-charity/

CSIS
Civil Service Insurance Society

On Point!

We've had some lovely news from Basepoint Business Centres (Folkestone) to say that they have chosen COT as their charity of the year. As Basepoint is owned by the ACT Foundation, a grant making charity, Basepoint will match fund any money we raise up to a maximum of £10,000! This means that during 2016/17 we could double the amount raised through our events. This is tremendous news for us! Lorraine May, Centre Manager at Folkestone said: "The projects and what you do to assist your people to become independent is amazing. I am really looking forward to working with you whenever we can."

www.basepoint.co.uk/locations/folkestone www.theactfoundation.co.uk/

BASEPOINT
business centres

Your kitchen rules for COT

Have you seen the programme "My Kitchen Rules" on TV? If you haven't it's all about inviting people to your home as if you were running a restaurant. This gave us an idea!

We'd love you to get together with family and friends for a lunch or dinner at your home - with just one twist. We'd like to "charge" your guests for the meal, just like a restaurant would do and the amount "paid" by your guests would then come to COT as a donation. To make your "My Kitchen Rules for COT" event a little extra special we can provide you with a 12 bottle case of wine to auction with your guests. You should aim to get around £100 for the case plus what you would "charge" for lunch/dinner. We can help you by printing your chosen menu on our specially prepared template so your guest know that you are helping our charity by hosting them. If you'd like to take part or find out more please call the fundraising office.

(NOTE: you must be able to pick up your case of wine from the Rare Breeds Centre).

<http://www.internationalwinechallenge.com/>



The Rosemary Team are at it again!

Last year the staff team within Rosemary Cottage took part in the 5K Major Series military assault course which included obstacles like the stench trench and mud slide! Well, they've decided to do it again! On the 9th April they are challenging themselves to raise funds for a new sensory garden at the cottage.

You can sponsor them by visiting their fundraising page:

<https://www.justgiving.com/rosemary-cottage>

Rare Breeds Centre

Spring term means the school season is upon us...

As some of you may know, last year we piloted additional activities for our visiting schools, with the aim of making the RBC more attractive to educational visitors. Last year we had a promising start with over 1900 children participating in these activities and hope to build on those numbers this coming year.

This year we have tweaked our offering to ensure all activities are linked to the National Curriculum, take place in designated areas and are charged at £1 per child. Nurseries and pre-schools can take part in an Animal Faces craft activity and Schools have a choice of three Animal Talks (Classification and Adaptation, Lifecycles or Caring for Animals) or two Nature activities (Bug hunting or Pond life).



I have now planted our new schools pond, in the Nature Activity Area, with an array of pond plants including Marsh Marigold, Water Mint, Yellow Loosestrife and Water Crowfoot. We are just waiting for the ground to dry out enough for us to install the dipping platform. Thanks go to Hitrade for kindly funding the pond project.



KENT CHAMBER CHOIR
"From Shakespeare's songs to modern melodies."
**St Mildred's Church,
Tenterden, TN30 6AR
Saturday 21st May 2016
7:30pm** (doors open at 6:45pm)
Tickets: £15.00
(plus booking fee of £1 per transaction)
Complimentary glass of wine during interval
Contact:
Tel: 01233 861508
In aid of Canterbury Cyst Trust, supporting adults with learning disability

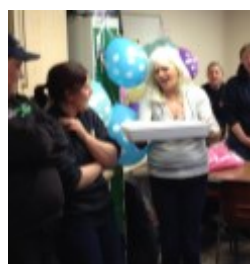
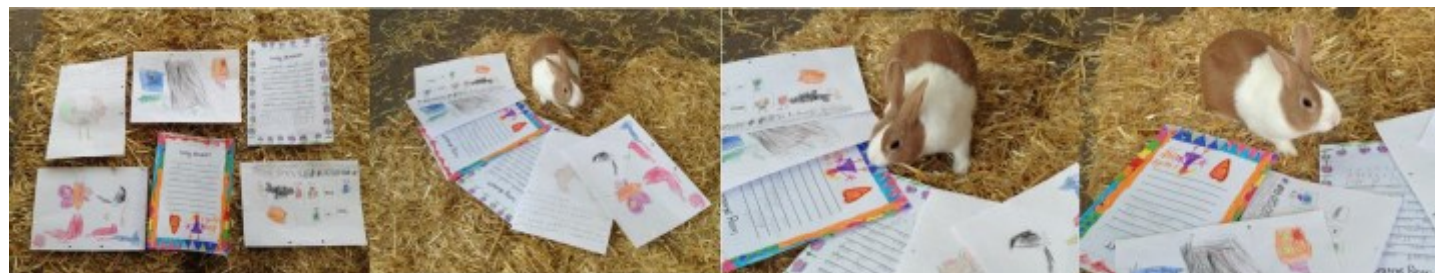


A new resource for schools this year is the Teacher's Information Pack which Maureen and I have produced. The pack is sent out to every booked school and details all the info schools need to know prior to a visit, this includes their itinerary, FAQs, map, health and safety summary, feedback forms and trail sheets.



Speaking of trail sheets I have produced a Farm Trail sheet with photos of animals and features that can be seen around the farm. This will be available to download from our website, sent to schools to photocopy and is available to buy from the Gift Shop.

We have received lots of lovely thank you letters...



Sarah, Assistant Manager at the RBC recently celebrated her 40th birthday. It was a nightmare trying to organize her present and party without her finding out, as she is always interested in everything that is going on.

On the day, we had to wait till the last minute to put up banners and balloons and even then she turned up early and caught us.... this meant that she was banished to the loos for ten minutes. There was a great turn out, as expected and a tear shed as we gave her the presents she deserved!

Family and Supporters

Friends of COT

Janet Shears

We would like to give a huge thank you to Jo Ludlam and her family for agreeing to take part in the Swanley triathlon on June 5th, raising money for the Friends of C.O.T. Jo has already raised significant funds by running the London marathon last year. We very much appreciate your continued support Jo and wish you and your family every success. Thanks are also due to Wendy and Dick Whalley for introducing the Ludlam family to us and gaining their support.

Our new D.J. Sasha Brooman, continues to provide our residents and tenants with a fun evening and lots of lively music. She has agreed to run our next disco on Friday April 29th.

Margaret will be running a tombola on Easter Monday. Many thanks to everyone who sent prizes for this event.

The Smarden Players entertained us on Saturday 19th March. It was great fun and featured our very own Hilary Millen. Thanks to the Players for kindly performing for free and to the audience who sang their hearts out to songs such as "My 'Ol Dutch."

SG Productions are coming to perform Movie Night for our residents and tenants on Friday April 22nd. They always give us a really enjoyable evening.



Zumba classes continue to be popular and are well attended. The classes end on Tuesday March 22nd. We have a 3 week break and they restart on Tuesday April 19th.

The organising of social/recreational activities we promised is in hand and we hope to bring you news of this in the not too distant future. Don't forget to let us have details of any funding you may require for activities or holidays you are planning to undertake. We are here to help.

Last year from January to December 15 we spent £9000 on various activities and so far this year since January 16, we have provided £3000.

Finally we would like to say how much we appreciate the regular individual support we receive which enables us to continue funding various event and activities for our residents and tenants.

A reminder that the Snowdown Male Voice Choir will be giving a concert at the RBC on September 24th.

Hitrade

Barbara and Phyllis

Since Christmas donations have flooded in every day and several times we have had to use our changing room to store the excess bags. With so many winter clothes to get through Leane suggested we had a two day sale on Friday and Saturday to help clear it a little faster. This has worked very well and we will keep it going till our change over in April to our Summer stock.

Angela and Jerry attended our Committee meeting this week to show us the photos of the new bathroom that is near completion in Rosemary Cottage which Hitrade paid for last year. They also brought diagrams for the Mess Hut renovation and expansion. We handed them a cheque for £15,000 to add to what was already given making £45,000 in total for the project.

Be My Valentine

Paul and Helen Sanderson

Friends of, COT Paul and Helen Sanderson held a small fund-raising event at their home at Littlestone on 14 February (Valentine's Day) to mark their 30th wedding anniversary.

Guests included new friends from the Romney Marsh and a number of old friends who were wedding guests in 1986. All the food was hand-made and the COT's Granary restaurant kitchens made the Valentine-themed biscuits that were part of the buffet.



Thirty guests were in attendance. Rather than bring cards or small anniversary gifts all were asked instead to consider making a small donation to COT and over £230 was raised.

At the end of the afternoon, those last to leave pose with the contribution bucket and the remnants of the buffet. Left-to-right: Sir Steve Bullock, Nick Sanderson (Harrington Cottage), Helen Sanderson, Trina Splendori, Paul Sanderson, Bill Darling, Jackie Darling and Lady Kris Bullock.

Volunteers

Gill Marsden

One of the joys of working here is watching the site change with the seasons and seeing the different activities that take priority with the changing weather. This is not confined to the farm and horticulture areas. One courageous new volunteer has spent the past 3 weeks cleaning down the

terrace area outside the Granary restaurant, getting rid of the slippery moss and making it clean and tidy. It must have been a very cold job! There have been many comments as to how much better the area is looking and it will be looking pristine for the Easter rush. Thank you Jon!

It has been wonderful to meet many of our volunteers at the 2 recent volunteer gatherings. The sessions have been lively and illuminating, as well as a great opportunity for volunteers to meet up. It has been really valuable for me to put names to faces and thank you to all of you who were able to come along and offer ideas, thoughts and comments. At the second session, I asked our volunteers to say how many years they had been volunteering and from a group of 25, 4 of whom haven't started volunteering yet and a few of whom have been volunteering for less than a year, the total was roughly 130 years of volunteering! That is a show of tremendous commitment, thank you.

For those unable to be there, if you are able to drop a passport sized photo (with your name on the back please!) in to the office, I can start making up the volunteer passes to be attached to the new, colourful volunteer lanyards! With a choice of yellow, green, pink or purple our industrious volunteers will be easy to spot and may encourage members of the public to enquire about volunteering with C.O.T.

One of the things that did come to light through the meetings is that some volunteers are not receiving In Touch, either electronically or through the post. Whilst it may seem strange to mention this in In Touch, if any volunteers happen to read this in a copy which they have picked up on site, and are not receiving their own copy, please let me know. This will also affect volunteers receiving emails about volunteer events so it is really important for us to know if you are not getting information we think we are sending out. You can contact me on gm@c-o-t.org.uk or 01233 861493 x 279. I hope you have all had a peaceful and relaxing Easter.

Name:
Address:
Tel No:
Email:

I would like to receive In Touch **By post** ☐
By email ☐

Angela Phipps, Fundraising, Canterbury Oast Trust, Highlands Farm, Woodchurch, TN26 3RJ



Canterbury Oast Trust, Highlands Farm, Woodchurch,
Kent TN26 3RJ Websites: www.c-o-t.org.uk
www.rarebreeds.org.uk

Registered company no. 1897198

Registered Charity no. 291662

Phone: 01233 861 493 email: intouch@c-o-t.org.uk

Canterbury Oast Trust was established in 1985 as a registered charity and a company limited by guarantee. It provides a home, 24-hour care, a programme of personal development, work training and work experience for adults with a learning disability in Kent and East Sussex.

In the Trust we believe that people with a disability should have the same opportunities as everyone else to enjoy a rich quality of life, both as individuals and as members of the community. They should have a valued role within their community and deserve opportunities for self - fulfilment and independence.

Awards Presentation Photo Scrapbook

Margot Eastwell
Kazumi Photography



COT Events Calendar

Keep this calendar handy to stay up to date with everthing that's going on at COT.

For up to the minute updates see our website calendar at www.c-o-t.org.uk/calendar. Or for more detailed info on RBC events go to www.rarebreeds.org.uk.

April



It's lambing time on the farm!
23rd: Poulton Wood Bluebell Cream Tea
28th: Gardening for the Disabled plant sale, Cranbrook (Plants and Produce attending)
30th: Plants and Produce at Saltwood Castle

June



9th, 10th & 11th: Wealden Mid-Summer Fair, Hole Park
4th: Poulton Wood Open Day
19th: Classic Car Show
Remember:
Summer bedding plants available from Plants and Produce

August

Summer adventures throughout the school holidays at the Rare Breeds Centre!

Why not book a bird of prey experience day with our falconer

Exotic home grown vegetables available from the Plants and Produce stall

Coming soon..

8th October: COT AGM
22nd-30th October: Rare Breeds Centre Halloween Spooktacular

May

13th: In Touch Summer contribution deadline
14th: Friends of COT Meeting, Woodchurch
17th: Chamber of Commerce breakfast meeting
19th: COT Problematic Pop Quiz night
20th: Rotary Golf Day in aid of COT
21st: Kent Chamber Choir, St Mildred's Church, Tenterden
20th, 21st, 22nd: Marlie Farm football
25th: Care and Life Skills Open Day
25th: In Touch Summer edition
27th: COT Board of Trustees meeting

July



8-10th: Kent Show (Plants and Produce hanging baskets).
10th: British 10K London run
15th: In Touch Mid-Summer contribution deadline
27th: In Touch Mid-Summer edition
29th: COT Board of Trustees meeting
31st: London to Surrey 100 cycle ride

September

24th: Concert, Snowdown Colliery Choir

Supporting adults with learning disability



Canterbury Oast Trust & Rare Breeds Centre, Highlands Farm, Warehorne Road, Woodchurch, Ashford, Kent, TN26 3RJ
01233 861493
facebook.com/cotcharity
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c-o-t.org.uk and rarebreeds.org.uk

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