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Chief Executive

We are taught, from an early age, to expect the unexpected. Despite that sound advice, not one among us was prepared for the devastating and entirely unexpected loss of Rowena Moore in August. Even now, there is an overwhelming sense of disbelief that someone who embodied such energy, enthusiasm and zest for life should have been taken from us so suddenly.

With regards to Rowena herself, I couldn't possibly hope to paint a better picture than that offered by Anne Cragg in her lovely piece — Anne's words wonderfully demonstrate why Rowena was much-loved and is now much-missed. I will content myself, instead, with a reflection on what Rowena's life tells me about Canterbury Oast Trust. I am sure that Rowena's parents, Nick and Sally Moore will not mind be sharing their kind words:

"All Rowena's adult life has been spent with COT. Her love and knowledge of nature and plants has been nurtured and encouraged. Since moving to New Romney, Rowena grew so much in ability and confidence, we could hardly believe the difference in her. That was all due to yourselves and we really cannot thank you enough. Thank you for giving her that opportunity and for having faith and belief in her to let her succeed."

That Rowena should have found COT a place of such joy and opportunity offers us some comfort. It is testament, of course, to Rowena herself for seizing those opportunities but also to the excellent staff and volunteers who helped her achieve her considerable potential. I add my sincere thanks to those of Nick and Sally Moore – all those who cared for Rowena (in every sense of the word) should feel proud of the difference they made.

Anne Cragg quite rightly describes Rowena as an excellent ambassador for COT. The way she immersed herself in the community and refused to be defined by her disability sent a powerful message to all those who met her and showed that she was not just an ambassador for the Trust, but for Learning Disability in general.

Rowena's life ended far, far too soon, but her legacy will be extremely far-reaching. She taught us all to value every opportunity and broke down barriers with everyone she met. As such, she will always be an inspiration to us and a shining example of the work we do.

Rowena's was not the only sad loss of recent times, of course. The passing of Terry Gilbert – parent, long-standing supporter and former chairman of the Trust – robbed COT of one of its most loyal and committed advocates. Indeed, Terry's was among the first names mentioned to me when I joined the Trust and I was soon well aware of the sheer significance of his contribution to our charity - a contribution that Celia captures so well in her piece below and one that will not soon be forgotten.

Joanne Creighton



Remembering Terry Gilbert

Celia Hadfield

Since the last edition of In Touch we have been very saddened to learn of the death of Terry Gilbert, a long term Trustee and served as Chairman of the Board of Trustees.

Terry decided to retire from the Board in September 2013 due to ill-health but he and Pam were still frequent visitors to the farm to see Daniel and to attend events.

Terry ran a printing business in Maidstone and provided much of the Trust's printing requirements from his own resources. He was a Trustee for more than 20 years and was totally committed to the Trust and its residents. They were his number one priority and he was much tougher on his fellow Trustees to ensure they got what he felt they deserved. He brought much valued experience and common sense to our discussions and when he disagreed with something he would strongly voice his reasons why. He provided great assistance with the marketing of the Trust and was also a very good fundraiser. He and his wife Pam regularly raised funds with their garden parties and in many other ways. He was a tireless campaigner for legacies and gave great support to the Trust, speaking at meetings and writing articles to support leaving a legacy to the Trust.



We will all miss him and his generous spirit and our thoughts are with Pam, Daniel and all their family at this time.

Remembering Rowena Moore

Anne Cragg

Rowena (Pom) Moore very sadly and suddenly died on 5th August at the young age of 43.

Rowena joined COT in December 1992 and lived a happy and fulfilled life, growing into her own person.

She was a huge character and knew no boundaries and never let prejudice and difficulties stop her from following the desires of her heart. She embraced life to the full and pursued her passions with determination.

She was thoughtful, interested, caring, brave, funny and generous. She loved life and lived it to the full, leading an independent life. She was a great Ambassador for COT.

She adored her family and often regaled us with stories about her parents, sister and brothers, Grandfather (who sadly also recently died) and also her nephews and niece; the latter's arrival caused a particular emotion and excitement! She also loved the horses and dogs and it showed how she loved her home life and how important it was to her.



She hugely enjoyed working in the Horticulture and Art Departments, learning and creating gifts for her special people. She was immensely proud of achieving a Horticultural qualification from Hadlow. When she went up for her certificate presentation she was soon found chatting up the Principal about COT! I have to mention the Aardvark; Jerry Kenward teased her one day by calling her picture of a horse an aardvark ... he never let her forget it!! Apparently it was a very good picture of a horse!



For me personally, she worked in the Discovery Garden and Butterfly exhibit and developed an interest and passion particularly for the exotic butterflies. She gained knowledge through asking questions, reading and visiting other places and soon became my right hand lady, happily talking to visitors both young and old, often with a butterfly perched on her finger!!!

She also enjoyed helping Colin with his Birds of Prey.

More recently she joined the Fundraising team aided by Angela and Emily. She rose to the challenge of organising the music quiz with gusto, raising prizes, hosting the raffle and secretly arranging thank you bouquets for Angela and Emily to boot!!. She even taught Emily how to use Clipart!

Outside the Trust she volunteered for the Ashford Volunteer Agency, in the Saga staff café, and more recently at Hamstreet School. In all cases she found her way by bus.

She adored Musicals and Pantomimes

and she often waited at the stage door for autographs of the actors afterwards too! If a Circus turned up locally she would always be there. She also enjoyed COT Halloween Events and loved the whole atmosphere. At the cinema Daniel Craig was a particular favourite and she went to many Westlife concerts including the final one.

She read numerous books on the subject of Ghosts. She supported Hay-wardians, a local choir. She adored being part of the Bell ringing team. When she once asked Jerry what she could say to the bell ringers, his re-



ply was "Shut up!" Her computer/smartphone/ipad skills were brilliant and Facebook was a marvellous way of following the people she admired and provided an opportunity for her to communicate with them too! Rowena, you have been our delight, thank you for your love of us all and your inspiration.

Care and Living

Care Services Office

Carol Senior

It is difficult to think of writing a piece for In Touch this month without touching upon two sad losses that have recently affected the whole of the Trust. One being Terry Gilbert, a founding parent and long term supporter of Canterbury Oast Trust, who passed away in July, and the other Rowena Moore, who resided with the Trust for twenty three years.

Rowena, was still a relatively young woman and so her sudden passing came as something of a deep shock to everyone here. However, as we were forlornly preparing a montage of photographs depicting her life in the Trust in preparation for her funeral, it struck me that, although her life may have been shorter than the average expectation of three score years and ten, Rowena certainly hadn't let the grass grow beneath her feet and had packed an awful lot into her shortened life span. Photographs depicted her ingrained interest in horticulture and the natural world, saw her proudly standing outside her home in Ellis Drive, displaying certificates of achievement for City & Guilds qualifications, her involvement with arts and crafts, her love of theatre and flying birds of prey. In fact there was so much material supplied from all quarters of the organisation that we ran out of space to display them all.

Neither did the plethora of photographs from COT sources cover Rowena's work and life out in the community – work experience at Ham Street School, at Saga, and a more recent interest in working with the kind of creepy crawlies that most of us would have run a mile from. Nor did they demonstrate her involvement with the bell-ringing team at St Nicholas Church in New Romney, which I know she particularly enjoyed.

In fact so many people offered up memories and stories of Rowena's time with the Trust it was evident that, with the support she received, she grew so much in confidence she assumed the ability to steer her own pathway through life in exactly the way she wanted it. In essence Rowena epitomised the whole ethos set up by those original founding parents. Even as we mourn our losses, I am buoyed by the thought that, had Terry himself still been around today, he would agree and hopefully would be proud of the fact that those founders were instrumental in providing the means for Rowena to have accomplished so much.

Talking of achievements, I feel we should offer congratulations to Lois Osenton who has successfully made her own transition into supported living by taking up the vacancy at Warren Mews. Other recent moves around the Trust include Barbara Williamson who made a move from Harrington Cottage to Ivy Cottage on the farm, and extend a big welcome to Molly Byrne who has come to live at Rosemary Cottage. Well done to all of you, the care team would like to take this opportunity to wish you all the very best of luck in your new homes.

These days the care team are having to work particularly hard to fill service user vacancies as soon as possible, whether they be residential or CSS. This endeavour is being made extraordinarily difficult – not just in the process of selecting suitable candidates to fill the voids - but because each Local Authority is working to their own criteria, all of which differs across the board and occasionally we even find standards differ between teams within the same local authority. It can be a complete minefield, where the varying standards result in increasing pressures on us as a provider and introducing long delays in getting our voids filled.

Finally, although the Life Skills review is still ongoing at the present time, I feel I should mention that our Life Skills Managers are already seeing some exciting changes within their services. New standards are slowly being introduced, consideration is being given to the length of sessions and a certain amount of rationalisation is being initiated in order that we can make the most of our resources and, where possible, find space for even more students. From October there will also be a new cohort for City & Guilds training, so the one certainty is that it will be a busy time for everyone this Autumn.

Beaver Lodge

Joanne Skivington



I had a party in the Falcons to celebrate my 50th Birthday on Sat 27 June. I invited all my friends from Beaver, all the COT houses, Find a Voice and my two dear friends Ann and Dick. I had a wonderful time with lots of pre-

sents, cards, balloons, a disco and a Dr Who 50th cake. I would like to say thank you to everyone who came and a special thank you to Lucy and Martin for their hard work.



We have been to Chessington for 3 days, we have checked into our hotel and stayed there for 2 nights! We went around the park we been on the rides, played games and won some presents we had great fun, we also have visited the aquarium and looked at the animals around the zoo we saw how they feed the lions and we saw a sea lion show which we have enjoyed! We both had a really good time! Russell Boyne and Joanne Skivington!



Rosemary Cottage

Chris Chappell

It was my 40th birthday on 17th May, but I had 15 days of celebrations. On 15th May, we went to lunch at the farm restaurant before I went home to Mum and Dad's, then the next day, we went to Redhill. Mum and Dad helped me up into a big Land Rover.

I was so nervous that I was shaking!

I was driven through some mud, up and down very steep hills, but arrived safely back after a smashing two hour drive around woodland. On Sunday 17th May, my birthday, lots of my family arrived and we had a lovely lunch and I opened even more presents and Mum made me a birthday cake with Maltesers, chocolate fingers and other sweets!



On Friday 22nd May, we went on the train to London and by lift up the "The Walkie Talkie" building. There were excellent views of much of London, including The Shard and The Monument and we could see the arch at Wembley Stadium, London Eye and Houses of Parliament. On Sunday 24th May, we were up VERY early, to drive down to the Eurotunnel Terminal where we met Julie, John, Jamie and Adam. We stayed in the Sequoia Lodge Hotel on the Disney complex.

Over the 4 days there, we went to the Disneyland Park three times and the Walt Disney Studios twice. We went on so many rides, including the Thunder Mesa and Disneyland Railroad twice, "It's A Small World" and the Buzz Lightyear Laser Blast ride, shooting at targets, three times. We went on the Studio Tram, Motor Stunt Show and Ratatoullie rides. On one evening, we went to the Wild West Show, where we had a meal watching cattle, buffalo and people on horses doing tricks and racing. We saw the fireworks and got back to the hotel after midnight and we were "shattered".

The last day was Disneyland Park again, lunch and then back to the tunnel, getting home just before midnight, followed by a few days "chilling out", before I went back to Rosemary Cottage. At Disney we had such a good, fun time with my family and I was able to go on so many rides in my wheelchair. Adam pushed me around the park much of the time. I will remember my very special 40th birthday for a very, very long time.

Warren Mews

'Richard and I chose a weekend trip to the Cotswolds, Longleat and Bath for our holiday. We left Ashford on a coach and after several pickups, we arrived in the Cotswolds courtesy of Neil our bus driver. We visited Moreton-in-Marsh, Stow-on-the-Wold and Boughton-on-the-Water. Later, we enjoyed at roast dinner at our hotel in Swindon. The following day we went to Longleat, toured the house, then the bus took us through the safari park. We saw lions, tigers and.... giraffes (not bears). We then took a boat trip, where we fed fish to sea lions, and saw hippos and gorillas. The weather was hot, so enjoyed lots of ice cream.

Catherine and Richard



The day after, we visited Bath, where we chose to go shopping and enjoy fish and chips, after discovering the queue for the baths themselves was far too long. We returned to Ashford where Richard and I collected the tips for our driver Neil. We had a great time!'



Farmhouse

Farmhouse have had a busy summer so far.

We have all been camping for a weekend in Battle. While there we went on days out to Hastings, Brighton & Eastbourne the weather was very good for us. While in Brighton we visited ChoccyWhoccydodah from the TV series, Ricky and Thomas were both beaten by the mega chocolate 6 layer cake they ordered.





We have recently been on the Kingfisher boat trip the weather was a bit wet but we still had plenty of fun,

Emma has recently got back from her family holiday where she visited the south of France and she did horse riding and canoeing while out there enjoying the sunshine.

Nick has been banger racing which he very much enjoyed and would like to thank Jerry Kenward for organising. Nick continues to go home more fre-

quently.

Thomas has been up to Scotland with his family and friends, where he went fishing on the lakes, he has also been out for the evening and spent weekend with his Dad & family.

We are all currently looking forward to our house holiday to Centerparcs at Longleat, where we plan to enjoy the swimming pool and slides plus the wildlife park.

Ivy Cottage Emma Stanford

So with In Touch changing and going in house and Ivy Cottage having gone through plenty of changes in recent months, we thought we would join them together and write an update on where we are at, where we have been and where we intend to go.

Ivy Cottage welcomes some new faces, firstly our lovely new resident Barbara Williamson who has moved from Harrington Cottage to come and join us at Ivy; Barbara has settled in extremely well and in her own words says "she loves Ivy Cottage". Phew that's a relief!

We welcome Frances Swain our new registered home manager, who brings years of experience and knowledge and also bundles of enthusiasm and finally, for those keen to know, having been acting assistant manager myself for some time I have now become a permanent fixture in Ivy. From my own personal experience I would like to say a huge thank you to the residents of Ivy Cottage who welcomed me into their home, and to the staff team who have been a huge support to not only me but the service.

So we write this as an annual holiday fast approaches, a few of us our off to Marlie Farm holiday park to have a nice break away whilst Estates are busy back at Ivy doing some essential work. We have recently enjoyed the Kingfisher boat trip. Mark's face as he steered the boat will stick with us all for some time yet. He smiled from ear to ear.

Ian recently enjoyed a night at The Leas Cliff enjoying ABBA and Robert enjoyed a Rat Pack production. Barbara is off to spend a week with her brother in Dorset which she is really looking forward to whilst Adam visits Mum.

We recently enjoyed a get together with family members where we had an indoor BBQ thanks to the great British weather.

Ivy has many plans for the coming months leading up to Christmas (can't believe I just said that word already) we are hoping to have another get together with families, Mark is off to see Chas and Dave and I am sure we will be looking for other days out ideas.



We must thank Hitrade for the kind donation that has meant we have been able to update our activities box for in house activities. We are looking forward to a group of volunteers who are coming to weed our garden and also everyone else who has kindly donated for new furniture.

So rounding things up, it is fair to say and many will agree, that Ivy seems to have weathered a storm and the future looks bright.

Life Skills

Accredited Training

Charles Underhill

This year marks the 10th anniversary of the introduction of Accredited Training at the Trust. In 2005 the Board of Trustees had made the decision to expand opportunities and choice for residents and now for tenants and external Service Users as well. We were not the first care organisation to go down this road but few such have developed a curriculum that offers such a wide range of subjects and levels through internationally recognised Awarding Bodies.

By offering the choice of 13 vocational and 6 generic subjects at 5 levels we ensure that there is every opportunity for progression. Most of the skills recognised are readily transferable to everyday life as are the acquired "soft" skills of confidence, self-esteem, self-reliance and experience. By formally recognising pre-existing and newly learnt skills, students build up a Record of Achievement that will enable them, if they choose, to participate in activities in the wider community, volunteering, work placement or even employment.

To date, the following certificates have been eamed and awarded:

184 vocational qualifications at Entry Levels 2 and 3

28 vocational qualifications at Level 1

33 certificates for Numeracy and Literacy at Entry Levels 1, 2 and 3

136 certificates for Health and Safety

101 certificates for First Aid

81 certificates for Food Safety at Levels 1 and 2

44 certificates for Manual Handling at Levels 1 and 2

This record is a huge tribute to the staff and students who have worked so hard over the last 10 years.

Plants and Produce

Wow- what a busy summer we have had at the nursery! The nursery is bursting with colourful perennials, the vegetable production area is crammed with delicious fruit and vegetables and our gardeners have been working as hard as ever to make the whole nursery look amazing!

Our plants and produce sales at the Rare Breeds Centre have been fantastic. This has been helped by the recruitment of our seasonal plant retail tutor Jane Poile who has worked nonstop over the summer keeping the plants displays in tip-top condition and teaching retail skills to the trainees. Unfortunately as the summer season comes

Melissa Tebbutt





to an end we will be saying goodbye to Jane but she will still be around as a flexi tutor and hopefully be returning as our shop girl next year.

Over the last few months we have been out and about to many events selling our plants. This included the Wealden midsummer fair, Saltwood Castle plant fair, the Woodchurch Steam Rally and Poulton Wood open day. We managed to attend both the Midsummer Fair and Poulton Wood on the same day which enabled us to achieve the most plant takings EVER in one weekend (it took us quite a while to count all the money!)

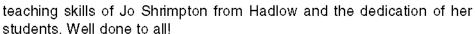


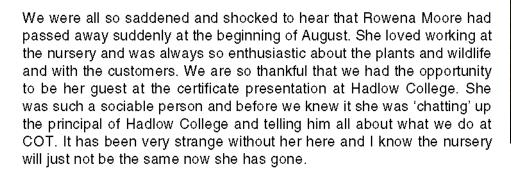


In July we entered the decorative hanging basket and planter competition at the Kent County show and we are pleased to report that we are still reigning champions stealing First, Second and Third prize AGAIN! We also get to keep the Burrows and Day perpetual trophy for another year. We had fun visiting the show with our gardeners and the flower show organisers are begging us to come back next year to do a show garden again. We'll see what we can do!

We enjoyed hosting the Kent Ambassadors' volunteering day in July where they helped us in our soft fruit area removing fences, installing name posts, weeding and harvesting.

On the hottest day of the year we joined Rowena, Chris, Suzie, Darren and Graeme to Hadlow College for their certificate presentation to receive their mainstream level 1 in horticulture. It was run at the nursery in conjunction with Hadlow College and would not have been possible if it wasn't for the excellent









After all our hard work over the summer we treated some our team to a private tour of Saltwood Castle gardens near Hythe. We had a fantastic day with Jane Clark including a picnic in the Old Bailey, feeding the tortoises and visiting the vegetable garden. We came home with armfuls of peacock feathers and dreams of living in a castle.

We have been so busy harvesting (and eating) incredible produce over the summer. Our raised beds are



now fully operational and they have made such a difference to some of our gardeners who aren't able to work on our ground level beds. Thank you so much to 'Hitrade', 'Gardening for the Disabled', 'Pack Foundation' and our other funders who funded the raised garden. We have also just finished our pumpkin harvest and it has been a great year for our apples and tomatoes. The raspberries we just can't seem to pick fast enough. Don't forget all our produce is available for sale next to the main gift shop on our new blue trolley. We can also pick to order; you just need to ask. Vegetables don't get fresher than that!

Poulton Wood

Well, our summer seems to have been full of sunshine and rain in equal measure which means the woodland has been green and lovely and the gardens lush, however, condensation on the windows and parasol mushrooms in the woodland herald the onset of autumn and we have been busy harvesting our apples, damsons, plums, grapes and crab apples. Celia Hadfield has been wonderful this year jamming as much of our fruit as she can manage, some of the more desirable fruit has been sold on the pitstop, and the freezer is full.



Hilary made us an apple press last year which works an absolute treat so over the next couple of weeks we will be macerating and pressing. The resulting juice will be spiced and served hot at our upcoming Christmas event in December. Yes, we're having Santa at the wood

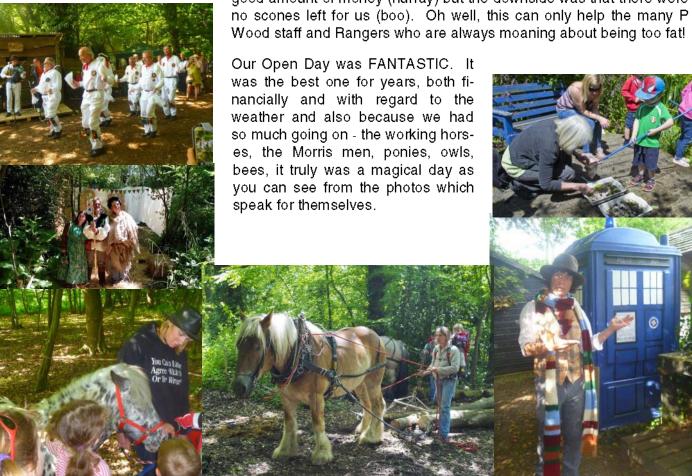




again this year. What can we do?! He asks to come to our magical woodland for a stopover to enlist the help of the faerie folk at Christmas and we can't refuse. It's such an honour having the man himself staying at Poulton Wood, and of course whilst he's here he is always happy to see as many children as he can on his very brief visit. Consequently we're repairing the grotto in the woodland and getting everything ready for his arrival. We're not sure yet exactly when that will be, because to be honest it's a bit too early to be discussing the C word, but the way time flies it won't be long before we have some dates.

Looking back over the spring and summer our 3 notable events have been brilliant. The bluebell cream tea was the best yet with as many as 45 people on one of our guided walks, and we completely sold out

> of scones which has never happened before! This meant we made a good amount of money (hurray) but the downside was that there were



We had a very interesting event in June when the Sabotage Theatre Company arrived on foot with their wagons and horses, camped in Harrington's field and performed a play in the woodland called 'Owlers' based on the Aldington smugglers. It was a beautiful evening enhanced by lantems and candles and tea and cakes were served in the Wild Bird café during the interval. Please don't feel left out if you didn't know anything about it. They only ever perform to a small audience and do all their own advertising so it wasn't widely known. However, it was a real treat and definitely something we would like to do again.





Most recently, we hung ribbons in the trees, decked up

the yard with flowers ivy and candle jars and threw the gates open for a staff party in celebration of the 30th anniversary of the Trust. What a fantastic night that was! A disco with coloured laser lights illuminating the trees, live music supplied by the 'Independent Traders', fish and chips, ice cream, crusty bread, fruit and cheese, there was even a tin can alley and coconut shy in the garden! The drinks flowed, and there was dancing and wild revelry throughout the evening with some hardy souls electing to camp overnight. Lots of people said they had never been to the wood before and to be honest they could not have had a better introduction to it. Let's do it again – please?

Lots of building and maintenance work on the horizon this autumn and winter thanks to Angela's first class fundraising. We've got the timber on site now to crack on with building our new workshop and thankfully we now have the funding to replace our leaky mess hut roof so in that respect we look forward to a snug dry winter. The walls of our classroom are going to be timber clad as we've had so many problems with the lime putty that we've decided to go down a different route which should solve the problem once and for all.



We've had some generous donations so a big thank you to Hitrade for enabling us to replace our lawnmower, a big thank you to Celia for enabling us to buy a band saw and pillar drill, and a big thank you to Anita and Jim Cowell for providing us with a defibrillator!

Our winter work will focus on the hedgerows, ponds and scrub with a complete makeover for our newly skinned polytunnel as an indoor sensory environment with pond, sand, mud, mobiles, sensory and edible plants and anything else we can think

of. The woodworkers will be busy helping to build the workshop, fulfilling commissions, and making something wooden and lovely for all those who come to see Santa. A new group of students will be embarking on City & Guilds qualifications in both conservation and woodwork and our lunchtimes will be spent reading 'The Willows in Winter' the follow up to 'Wind in the Willows' which we read last year. Plenty to be getting on with for the Woodfolk I think!





Art at the Farm Alan Davies

Hello,

We have been very busy up at the Oast over the past few months and it has culminated in our wonderful exhibition at The Beaney House of Art and Knowledge which opened on the 19th of September and will close on the 4th of October. This exhibition was designed to showcase the creative process we go through with our inspirational service user artists to produce there fabulous work, with fun and friendship.



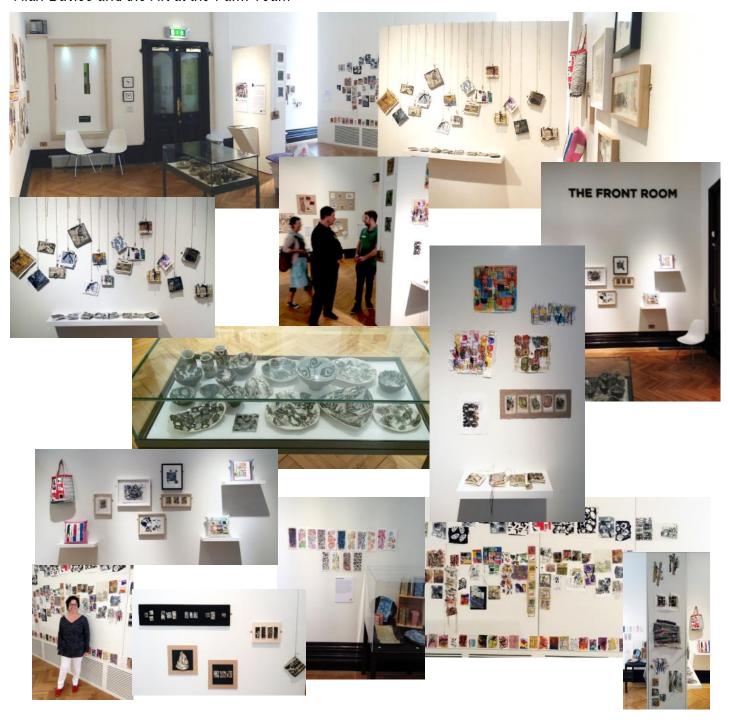
We have had lots of positive feedback from the show already and people seem to really be enjoying it.

So we thought in this edition of 'In Touch' we would give you a taster of what the show looks like and the amazing work that is on display in it.

Enjoy!

Best wishes,

Alan Davies and the Art at the Farm Team



Fundraising

Angela Phipps

I am finding it difficult to know how to begin this piece for In Touch. The past month or so has been overshadowed by the sad news of the passing of two individuals who both had a huge involvement with fundraising for COT, Rowena Moore and Terry Gilbert.

In his role as a Trustee, Terry took a special interest in fundraising and he was there to provide valuable advice and support. Terry, Pam and their family have raised thousands for COT; most notably through their spectacular picnics at home! He was a guiding light for COT and he will be sorely missed.



Thursday was Ro's regular day in the office when she was involved in helping to raise funds for the charity that was her home for 23 years. She was a great member of our team who threw herself into everything that was asked of her; even if sometimes it meant she had to push herself

a little. She took charge of our last event, our Problematic Pop quiz night in June for over 100 people! She loved every minute of it, speaking on the mic, looking after our sponsors, Nurse Plus, hosting the raffle (she'd secured many of the prizes) and congratulating the winners "Rosemary Rockers". She cer-

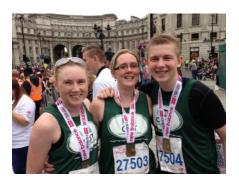
tainly showed that night how well she connected with people and how her people skills ensured everyone had a brilliant time! Although taken too young she lived life to the full. We miss her.





3Cities 3Capitals

Our "3 Cities 3 Capitals" fundraisers are making tremendous efforts on our behalf! With just one more event to go, the NY Marathon on 1st November, the team total stands at £8,363. Will you help them get to £10,000 for COT by making a donation? You can do this by visiting the team page: www.justgiving.com/teams/3cities3capitals or by calling the fundraising office – and a huge thank you to those who have already done so.



Here's what the team has been doing to support us recently...

The British 10K London run... http://www.thebritish10klondon.co.uk

Runners Marie Mcdonald and Sarah and Matthew Cook took part in the British 10k London Run in July. They had a tremendous day and were cheered on by thousands of people who lined the route through the heart of central London passing some of the the capital's historic landmarks.

Prudential Ride London to Surrey... www.ridelondon.co.uk

Richard Chipps, Kevin Gallagher, Malcolm Oates and Scott Norman took on cycling's equivalent of a marathon on 2nd August to raise funds for our charity! Joining the likes of Sir Bradley Wiggins and Mark Cavendish our cyclists rode the Ride London to Surrey 100.

Leaving from London's Olympic Park the 100 mile cycle ride went out through Surrey returning to the finish line in The Mall, London.



This is what Richard had to say about the day: "As the sun rose bathing Canary Wharf in golden light, I wondered whether the atmosphere on the Mall 100 miles further on would match this natural spectacle. For much of the next six hours I have blurred memories of places and events of spinning wheels, bright shirts and bobbing helmets. These images interspersed with raucous crowds cheering every

rider on their way. Clearer memories are cycling the wrong way down London streets on the continental side of the road, lane arrows pointing the opposite direction and ignoring red traffic lights. Peddling flat out on traffic free London streets was exhilarating, in stark contrast to Saturday's Prudential Freecycle which brought tens of

thousands of cyclists onto London's streets, taking 40 minutes circumnavigating Trafalgar Square. On Sunday, 100 miles in, it took a couple of seconds, sweeping through Admiralty Arch and into a cauldron of noise from thousands banging on advertising hoardings drowning out even the emotion of completing the challenge. Knowing every mile, every pound makes a difference provided impetus during the more challenging times and ensured the Mall exceeded expectations. The whole event made so much more meaningful by the privilege of fund raising for a great cause the COT 3 Cities 3 Capitals team".



London to Paris... http://www.londonparisbikeride.co.uk



On the 9th September our brilliant supporter Kevin Gallagher took on a second challenge for us – this time a 310 mile journey from London to Paris by peddle power! Kevin's gruelling cycling challenge took him across Kent passing close to our farm and so we met up with him to cheer him on! Allan Smith, a student at COT and keen cyclist himself, got on his bike and joined Kevin for a couple of miles!

Here's what Kevin had to say about his challenge: "The camaraderie on the ride was fantastic! We were given the name of "No Direction". I was in a group of five lads and we all decided to cycle together when we met up at the first stop in Ashford. We decided that we would enjoy



the ride more than speeding along and missing the view! There were a total of 131 people that took part. We were all held 2 miles out from the finish in Paris so we could cycle in together; it was a fantastic experience!"

KCC Footie!

Supporter, Peter Smith, popped in to our farm with a wonderful donation of £500 raised by him and his colleagues at KCC! Earlier this year the team got very creative and came up with lots of fundraising ideas to support COT including a gruelling 12k assault course, cake sales, picnics and a charity football match at Gallagher Stadi-

um in Maidstone! In all the team has raised £750 for us!

This is what Peter had to say: "We know that COT doesn't get the same level of exposure as many of the bigger charities, so it was a real honour to help you guys. I must say a huge thank you to Pauline Barlow and Stacey Kwiatkowski at Bill's Restaurant



in Maidstone https://bills-website.co.uk who supported the team and COT by contributing £250 for the football event. Steve Humphreys at Purple

Cow / Snappy Snaps http://purplecowuk.com printed our kit printing for free too! I admire the work you all do and will continue to support the charity through this year if we think of any other events!"

Our heartfelt thanks go to Peter, Anita and the rest of the team at KCC for their tremendous efforts on our behalf!

Harrington College's new arrivals

Thanks to two very generous donations, the college has just taken delivery of



much needed IT equipment including new PCs and specialist equipment. The Cantiacorum Foundation was so impressed by the work of the college, its Trustees donated a magnificent £1,000. The Foundation aims to support causes across Kent and takes its name from the original hill fort in Roman Britain which is now the site of Canterbury.



Our local Councillor, and long term supporter Mike

Angell, also supported the project with a wonderful donation of £2,852 through KCC's "Members' Grants" scheme.

Silver Service for the Charity Fund

Following their tremendous donation of £13,000 towards our charity's catering training project, the Trustees of the Civil Service Insurance Society Charity Fund visited our charity. Stopping off in the Granary Restaurant Trustees, Gill Noble and Chris Furlong, met with students Laura, Beth, Sara and Sophie who explained how to prepare delicious caramel cake! www.csischarityfund.org



Tenterden Rotary in the mix

Mike, Clive and Phil from the Rotary Club of Tenterden visited us to see our cake baking in action and to try a few cakes too! The Club sponsored our application to the Rotary International Foundation for £1,095 so we could buy a new mixer. It's a real workhorse and is being used to make lots of delicious cakes for sale in the Granary Restaurant.



Our friends at the Rotary Club of Sandwich have done it again! They held their prestigious golf day at Princes' Golf Club earlier this year and, of course, their famous duck race in August which raises thousands for charity every year. They kindly chose to support COT again with a wonderful donation of £1,000.





Fine award for our artists

The Tenterden branch of the National Decorative Arts Society presented its annual "Young Arts Award" to Art at the Farm! Chairman, Liz Bamji and Treasurer Terri Westerdale visited the gallery and presented their generous donation of £270 to purchase a new digital camera for our desktop publishing course.



The Grand Stewards' Lodge held its family luncheon in the Falcons Centre in September. Following a delicious lunch, using local produce including vegetables grown by Plants and Produce, our falconer Colin Boardman and his birds wowed everyone with an indoor flying display!







And finally...

We have a new face in Fundraising! Emily Rust joined in July and it's lovely to have her on board! Her main focus will be on developing our contact database and helping to grow our supporter base.

Volunteering Gill Marsden

I joined COT nearly 3 months ago and plan to be 'the new girl' for long as I can! I am still meeting new faces and trying really hard to remember names; the joy of being new is the ability to be vague and get away with it!

I am trying to get out and about as much as possible to meet the volunteers; it is a privilege and inspiration to hear of the range of support they provide and we couldn't deliver so many services without their invaluable input. We currently have 83 volunteers throughout COT, helping on the farm, in Plants and

Produce, at Art on the Farm, in the Granary Restaurant and at Harrington College. The Trustees and Friends are also volunteers, as are the team who keep Hitrade running and generating fantastic levels of income. Everyone contributes time, energy and enthusiasm, supporting and enhancing the charity's work.

I am still learning about the complexities and unique nature of working here and have been assured that, having got through my first week, I will never want to leave! I have become a bit of a nuisance hanging around the kitchen, on the pretence of furthering my understanding as to how volunteers can help in the catering life skills. In truth, I am simply enjoying the fabulous smells that emanate from the ovens when the bread and buns are baking!



Waitrose has been supporting us with teams of volunteers helping on the farm and also by donating their waste food for the animals to enjoy. When Andrew Knight from Ashford store visited recently, he was delighted to learn that it isn't just the pigs who benefit from the treats but also the butterflies (who particularly like rotting bananas...tasty!) the lizards and snails, tortoises, guinea pigs and birds of prey. A whole new customer focus for the supermarket!

We have groups of corporate volunteers visiting over the coming months to help at Rainbow Wood and at Plants and Produce and also to do some work on the house gardens, getting them tidy for the winter months.

Do let me know if you need a volunteer or have ideas as to how volunteers can support us. I want to ensure we utilise all our volunteers to the best benefit of COT and achieve the best value from this added

resource. Highlighting the value and importance of our volunteers is a priority and I hope the Volunteers' Lunch on 4th October will be enjoyed by all those attending and go a little way to demonstrate our gratitude to the loyal and tireless commitment of all our supporters.

Happy landings!

Coral Boyne, Russell's sister, and her colleagues from the National Air Traffic Service joined us for a day's volunteering. The team worked with our environmental officer, Hayley clearing lots of wood and cuttings; a little different from their day job making sure our flights are safe for take-off and landing! NATS has



been very supportive if Coral's fundraising efforts for COT, donating £500 towards her sponsorship to run the NY marathon!

www.nats.aero

Kent Ambassadors' great works!



It was great to have the helping hands of the Kent Ambassadors with us for a day's volunteering. They were set tasks by the team in horticulture and worked really hard (and I really do mean hard!) in our fruit garden clearing a large area of fencing, digging in some marker posts and harvesting. They also did an amazing job in our poly tunnel clearing the path of weeds; especially important as some of our students are wheelchair users. Strength was regained ahead of the afternoon session over a Ploughmans' Lunch using our home grown vegetables, delicious cheese donated by Silcocks Farm www.silcocksfarm-organics.co.uk and refreshing pear and apple juice

donated by Biddenden Vineyard <u>www.biddendenvineyards.com</u>
You can learn more about the programme by goinh to <u>http://kentambassadors.org</u>

Rare Breeds Centre

Davy McColm



Summer is all but gone, but it's been a good one for us on the farm. Visitor numbers are up again, a 9% increase on last year so far, and they came in a nice steady manageable stream, rather than hordes over just a few days. The weather has been kind to us, following a prolonged dry spell, the rain finally arrived, but thankfully after our annual delivery of 4,500 bales of nice dry straw, and before we ran out of grass for grazing completely. So all in all, I'm a happy Scotsman (now there's a rarity!)

Over recent months we've seen all five of our Longhorn cattle give birth, two of them during the day which provided a memorable treat for many of our visitors. Only one heifer needed major assistance with the birth, but a live calf, a happy (but sore) mum, and a Scotsman covered in the 'proverbial' head to foot, received a huge round of applause from the onlooking crowd. Not sure which bit they were applauding,





Another addition to the cattle herd has been Huckleberry, our new Highland bullock who's been bought to add to the range of cattle on offer, and act as a companion to Luna as she can't be turned out with the Longhoms for her own safety. Huckleberry has come to us from the Homewood School farm, where the Farm Manager Laila (who used to work with us) and her young farmers had shown him at Kent County Show very successfully, coming away with the Supreme Champion title!

Whilst on the subject of Kent County Show, the Farm Day Service had our own entries in the sheep classes, and whilst we didn't win outright, we certainly didn't disgrace ourselves, coming home with one 2nd, three 3rds, two 4ths and a Special prize for one of our Dorsets. So, well

but I like to think it was for a job well done and nothing else!





Anne Cragg, assisted by our part-time gardener, Andy, and Volunteer Ann, have once again put on a stunning display this year, in both the Butterfly Tunnel as well as out in the Discovery Garden itself. Both of these areas require specialised knowledge, and a great deal of very hard work to produce and maintain to the high standards achieved, and are

extremely popular with all of our service users, school groups and general visitors.



Hayley Chambers

A bat walk was organised for the farm students at the beginning of September at the RBC. The group used bat detectors to listen to the echolocation of flying bats as we walked around the site. Though it was a cool night and late in the season we were fortunate enough to hear 3 species, Common and Soprano Pipistrelles and the Daubentons bats which we watched plucking insects from the water's surface at the Secret Lake. The bats put on a fantastic finale of acrobatics as they fed on the wing near the main paddock. We were able to purchase the bat detectors using the kind donation from



Hitrade, all those that participated enjoyed the walk and using their bat detectors added a whole new dimension to the experience. So we must say a huge thank you to Hitrade for making it possible. We plan to organise more walks in the near future.

If you go down to the woods today..... Keep a keen eye out for the Rare Breeds Giant!!

Legend has it that Giants used to roam the ancient woodland of the Rare Breeds Centre in times gone by. It has long been thought that the huge thrones sited on the hill were relics of an extinct fabled race.

However recently found footprints suggest that these beings are neither fictitious, nor extinct, but are in fact very much alive. It seems these quiet, gentle creatures, are

merely extremely shy and therefore seldom seen.





While very little is truly known about them yet, first impressions indicate that they occasionally venture out to the woodland edge where the proof of their existence was first noticed by RBC staff. It is evident from the discovery of a giant fishing pole at the Secret Lake that fish feature very heavily in their diet.

Davy McColm, Farm Manager of the Rare Breeds Centre renowned for introducing Haggis

to the centre earlier this year, has made contact with the male Giant whom he fondly calls 'Griswald' (His true name being unpronounceable). Mr. McColm, recently said 'from what I could gather Mr Giant moved his family

to this area to be closer to a distant relative, but are intent on remaining elusive.'





First indications of activity at the RBC by Giants 4-5 years ago coincided with the employment of a new Head of Finance, Simon Robinson. A man of robust stature, and certainly not 'vertically challenged', Mr Robinson declined to be interviewed on the subject of any family connections with the Giants. However.....the camera never lies - draw your own conclusions.

As the giants settle in for the winter we expect to see more traces of their presence, so be sure to keep a look out!

Shop

Firstly for those that do not already know, the Rare Breeds Centre has a new logo. On your next visit to us do take a look at the sign which is situated at the front of the shop.

Regarding the shop at the beginning of March, I took on & trained up some new members of staff to see us through our busy period. We also welcomed back a couple of existing staff who had left for university.

Myself, the shop staff & volunteers have survived a busy summer holidays and although operation stack was in place we still had





over 15,000 visitors. With all those visitors and warm weather the shop sold over £2000 worth of ice creams which is a lot of ice creams!



Now the children have gone back to school it has gone a lot quieter, however this means I am already thinking about the next busy period which will be Halloween half term in October. So what does this mean? It means I need to be busy researching suppliers for new stock & ordering plenty of stock in to see us through the holidays! Then once these holidays are over it will be time for stocktake so the idea is to sell as much as we can in the shop during the half term holiday then we will have less to count!

I would like to say a BIG thank you to all the staff and volunteers that work so hard to ensure the smooth running of the shop.

Take a look at some of the stock I have already ordered in for Halloween and we look forward to welcoming you all when you pay us a visit to the farm.

Family and Supporters

Hitrade

Barbara and Phyllis

Hi everyone

The Shop is very busy at the moment and as I write this we are in the middle of our sales and are receiving lots of donations.

We are very pleased to say it was a record year for us as we were able to donate to GOT a sum of £66,284.77.

Our last wish list amounted to £21,178.19

The staff are eagerly waiting to see the new Mini Bus when it arrives. Some of the staff will be coming down to the volunteers' lunch in October and look forward to seeing some of you then.

In June Fran, who has worked with us in the shop for 24 years, celebrated her 95th Birthday with a cake, a large planted garden pot and a visit from the local NewsShopper. The next day a very nice article and photograph appeared in the newspaper.

Fran is very popular with the customers especially a couple of elderly gentlemen who visit on Tuesdays and bring honey and eggs with them for the staff. The secret of her success is a happy disposition and a smile for everyone.

Friends of COT

Margaret E Hanlon

I'm delighted to report that we've given away some money! Requests for funding have been slow to arrive over the past year and, because "we raise it to give it", we've found it a bit frustrating and have urged managers to remember to ask for money when they plan outings and social times. Well, since the last report we've promised or given away £5810 as well as paying £300 for the two musical evenings in May and next December. Further spending has gone to meet some of the running costs of' It's a Knockout' in early September and £658 on the very successful Party and Disco in July. A delicious hot meal followed by ice cream was served in The Granary and then the disco got going in The Falcons, at the end of which every house took home a box of biscuits to share around. This was a great social occasion and enjoyed by everyone. Thanks are due to all the Friends who turned up to set up, serve, act as bartenders, wash up, clear away and generally make it all happen. Special thanks go to Janet Shears who masterminded the whole operation to ensure its success. If NATO is ever short of a supreme commander they need look no further—except that we won't let her go.

A couple of fundraising events have been held. Some of the items left over from the Accessories Fair were taken to a TableTop Sale in Tenterden and we raised £104, which was pretty good going and far more than most of the stalls. We ran a hugely successful Tombola at the Car Rally in June and smashed our record with takings of £313. We were left with just one box of prizes; some went up to Hitrade and some went to the Tombola at the Dog Show in July as we didn't have enough for another Tombola for Friends – the income still went to COT.

In December the entertainers from SG Productions return with their Christmas show, which will be as great a success as their other shows have been. Plans are afoot to enable more social activities to take place, chosen by residents and tenants themselves and funded by Friends.

Our next meeting will be following lunch at the AGM, come and join us and share ideas and opinions.

You can contact Friends of COT via the Fundraising Office: 01233 861 493

Siblings Group

A group providing opportunities for siblings and relatives of COT residents and tenants to network, share ideas, offer mutual support and learn. Meeting the unique needs of siblings and forming the groundwork for the next generation of the COT Family.

Christina and Nick

In April the new Master's champion Jodan Spieth announced that he drew inspiration from his special needs sister. Something I think we can all relate to.

For myself, the special moments, experiences and insights I have had due to my brother being born with learning difficulties are too broad to sum up in one newsletter. Also, the usual stuff about it making you more patient, more empathetic and so on, just isn't that interesting for you guys! So I was asked to look back on a funny moment.

My brother used to eat everything in sight. And I mean everything. He ate all of my eggs one easter. That was a lesson in patience. Although I didn't learn it at the time, took a few years. His biggest achievement however had to be, waking in the night and eating everything in the fridge and freezer. Everything. Fish fingers, frozen peas, butter, lard. We had to do a whole new food shop the next day to re-stock.

For our future newsletters we would be interested to hear your stories. Funny moments, happy moments, anything you like. Please send photos too.

Keeping with the theme of funny moments, here is a picture of me putting my brother in a sneaky headlock.



Sanderson Family

Nick Sanderson of Harrington Cottage recently welcomed his long-time French friends the Beroud family for a visit to the area. The Berouds live mainly in London, so in truth hadn't come very far, but they were delighted to be able to (almost) see their native land from the coast of the Romney Marsh.

Nick (left) is pictured at New Romney station after a trip to Dungeness on the Romney Hythe & Dymchurch Railway. With him are three of the Berouds: Chloe, grandma Marie-Jeanne and Olivier... and No.9, 'Winston Churchill'.

Soap Box Derby

August Bank Holiday Monday saw the running of the bi-annual Aldington Soapbox Derby past the COT's Poulton Wood and Harrington Cottage. Starting near the Walnut Tree pub, contestants piloted their home-made buggies down Forge Hill and New Road Hill, with an 'added value' (for the spectators) chicane that needed to be negotiated about a third of the way down. Soapboxes ranged from 'novelty' to 'seriously competitive'. Extra entertainment between race heats was provided by a

skateboard team and a downhill luge.

Operations Jerry Kenward

It has been a really difficult time since the last In Touch. So many serious matters to deal with and at the forefront of my thoughts and probably many others, has to be the sad loss of Rowena who touched everyone who knew her. I will surely miss her optimism, energy and concentration on doing as much as possible and using her many abilities. Thank you Rowena, you will always be an inspiration.



On a happier note, could I say thank you to Friends once again, who sponsored a banger racing trip (that means an opportunity to eat cheesy chips and curry sauce while motor racing proceeds in the background). 9 of us went to Eastbourne and a good night eating... I mean racing... was enjoyed by all.

Due to the cancellation of a banger race that we intended to go to, a party of 14 went to Lydden Hill Racetrack on a glorious Sunday where we experienced a new form of racing called 'drifting'. This seemed to resemble the Rare

Breeds car park at half term. Cars skid round comers and get points for the amount and duration of smoke and style they manage. They wear tyres out quicker than COT Zafiras. Thanks to Dave Christmas who gave up his time to drive us to the event. He would not let me take the minibus wheel coming home, can't imagine why.

Staff Party – I know I keep saying thank you, but the Party in the Woods was blessed with top weather and was magical. It was made possible by our Trustees who recognise the commitment of our staff team and wanted to celebrate 30 years of the Trust. 150 people danced to the Independent Traders, (was that really Mickey Pearce from Fools and Horses leading the band?) we had Noss running his disco and very entertaining he was. Great Fish and Chips, Ice creams and lots of food and drink seemed to work out. I left a few people camping in the woods at about midnight and would like to say thank you to the Trustees for funding the event, thank you to Lynn and the Estates depart-



ment for putting it together and clearing up after, but most of all thank you to everyone who came along and enjoyed their night.





Supporting adults with learning disability

Canterbury Oast Trust was established in 1985 as a registered charity and a company limited by guarantee. It provides a home, 24-hour care, a programme of personal development, work training and work experience for adults with a learning disability in Kent and East Sussex.

In the Trust we believe that people with a disability should have the same opportunities as everyone else to enjoy a rich quality of life, both as individuals and as members of the community. They should have a valued role within their community and deserve opportunities for self - fulfilment and independence.

Much of the work and training done by the Trust brings residents into contact with the general public; this interaction helps to break down barriers

and foster a greater understanding of disability.

The Trust runs a range of day services which provide training/occupation for both residents and external placements in:

Farming - Rare Breeds Centre

Arts and Crafts - Art at the Farm

Literacy and Numeracy - Harrington College

Music and Dance - Harrington College

Retail Experience - Rare Breeds Centre Gift Shop

Residential Homes

The Bungalow, Forge Hill, Aldington, Ashford, TN25-7DT

Harrington Cottage, Forge Hill, Aldington, Ashford, TN25 7DT

Highlands Farm, Woodchurch, Ashford, TN26 3RJ (comprising The Farmhouse, Holly Cottage, Ivy Cottage, Rosemary Cottage)

Homelands, Forge Hill, Aldington, Ashford, TN25 7DT

The Mariners, High Street, Rye, East Sussex, TN31 7JF

Old School House, Church Lane, New Romney, TN28 8ER

Watchbell House, Watchbell Street, Rye, East Sussex, TN31 7HA

Community Supported Homes

Beaver Lodge, 229 Beaver Lane, Ashford, TN23 5PA

Ellis Drive. New Romney, TN28 8XH

Jasmine House, Rock Cottage and Farm View

Highlands Farm, Woodchurch, Ashford, TN26 3RJ

Warren Mews,

Dymchurch Road, New Romney, TN28 8UF

Canterbury Oast Trust, Highlands Farm, Woodchurch, Kent TN26 3RJWebsites: www.c-o-t.org.uk

www.rarebreeds.org.uk

Registered company no. 1897198

Registered Charity no. 291662

Phone: 01233 861 493 email: enquiries@c-o-t.org.uk

Horticulture - RBC Plants and Produce

Woodland Management/Crafts - Poulton Wood

Information Technology - Harrington College

Catering - Granary Restaurant, Coterie Tearoom

Self Help Training Ventures

Coterie Tea Rooms, High Street Rye, East Sussex, TN31 7JF

Granary Restaurant, Highlands Farm, Woodchurch, TN26 3RJ

Harrington College Forge Hill, Aldington, Ashford, TN25 7DT

Poulton Wood, Homelands, Forge Hill, Aldington, TN25 7DT

Art at the Farm, Highlands Farm, Woodchurch, Ashford, TN26 3RJ

RBC Gift Shop Highlands Farm, Woodchurch, Ashford, TN26 3RJ

RBC Plants & Produce, Highlands Farm, Woodchurch, Ashford, TN26 3RJ

South of England Rare Breeds Centre, Highlands Farm, Woodchurch, Ashford, TN26,3B.I.

Woodchurch, Ashford, TN26 3RJ
Have we got your details correct?
Please send any changes to your contact details or update to your preference on how you'd like to receive In Touch to: email intouch@c-o-t.org.uk or
Name:
Address:
Tel No:
Email:
Email.
by phone 01233 861493 x241. Or fill in your details below: I'd like to receive In Touch: by post
by email only
Please send to: Angela Phipps, Fundraising, Canterbury Oast Trust, Highlands Farm, Woodchurch , TN26 3RJ

COT 2015 Annual Events Callendar

Keep this calendar handy to stay up to date with everthing that's going on at COT

For up to the minute updates see our website calendar at www.c-o-t.org.uk/calendar. Or for more detailed info on RBC events go to www.rarebreeds.org.uk

Octobe

4th: COT Volunteers' Lunch

7th: RBC Storytelling Day

Commemoration 10th: COT AGM & 30th

24th-1st Nov: RBC Halloween Fear and Fun



November

4th: RBC Storytelling Day 1st: NY Marathon, 3Cities 3Capitals

13th: Residents' Disco

contribution deadline 13th: In Touch Christmas

Cheisfield 19th: Parents' Focus Group,

27th: COT Board of Trustees 25th: In Touch Christmas edition

Goddington House Winter Arts Fair 27th-29th: Art at the Farm,

December

2nd: RBC Storytelling 5th-6th,12th-13th,19th-23rd: RBC Truly Magical Christmas

11th: Residents' Christmas

8th: Friends, SG Productions



11th: In Touch Spring contribution deadline

30th: In Touch Spring edition

23rd: Chamber of Commerce, Networking Breakfast

15th: In Touch Mid-Winter contribution deadline

8th: Friends, Snow White & the 7 Dwarfs at the Marlowe Theatre

3rd: RBC Storytelling

February

27th: In Touch Mid-Winter edition

26th: RBC Storytelling Day

16th: Friends of COT Meeting, Woodchurch

Coming soon..

Summer contribution deadline 13th May: In Touch

of COT Meeting, Woodchurch 14th May: Friends

Day in aid of CO 20th May: Rotary Golf

Choir, St Mildred's 21st May: Kent Chamber

Church, Tenterden

Summer edition 25th May: In Touch



