## Canterbury Oast Trust 2012

Annual Review



**Canterbury Oast Trust** 

**9** 

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Supporting adults with learning disability



## Hello from the CEO.

This year saw a good financial performance against a difficult economic backdrop which is to be commended. We saw many successes, including our exemplary CQC audits, development of our Life-Skills services and training and very successful events at our Rare Breeds Farm and at Poulton Wood.

We are a charity that tries to help itself: the adults with learning disabilities that we help participate in Life-Skills in a variety of social enterprises including our Rare Breeds Farm, our Restaurant and Tea-rooms, our Gallery and our Plants and Produce. These enterprises generate funding to support the work of our charity – a real virtuous circle and something we are proud of.

Your continued support is, however, vital as times get even tougher – please choose us to work with and fund knowing that you will help to secure the future of this great organisation.

With kind regards

Gill Eibb

Gill Gibb CEO



Gill Gibb

## Hello from Elizabeth

2012 has been a year of change and challenge for COT; in January we welcomed the arrival of Gill Gibb as CEO, and as the year has progressed changes have been introduced in the care sector.

In furtherance of our strategic objectives,
care standards and the life experiences of people who use our services continue to be enriched,
accredited training courses have been followed with great success

• financial stability has been maintained,

• steps have been taken to raise our public profile and

new websites have been developed, a new COT logo has been designed and

• the RBC, which has been celebrating its 20th birthday, has been spruced up.

We are proud of the wonderful work carried out by all of our remarkable, dedicated staff and volunteers, who give that little bit extra to enhance the lives of our beneficiaries.

At this time of financial uncertainties, we are 'growing' our self help enterprises. We are grateful for support from parents, friends, charitable trusts and foundations and corporate bodies. However, we still need to increase our efforts to attract funding to maintain and improve on what we can offer our beneficiaries.

COT, founded 27 years ago, is proud of its ethos and proud of its achievements and we look forward to the challenges of the year ahead.

> Elizabeth Emson Trustee

Elizabeth Emson

Elizabeth Emson, Chairman Celia J Hadfield, Vice Chairman **Robin L Apps Robert H Benson** Martin J Bieri Peter Ergis **Terry M Gilbert Richard N J Lynch-White Andrew E Paris Robert Perkins** Peter Tozer

## **Our Achievements.**

Ten of our Residential properties from the Canterbury Oast Trust were inspected by the Care Quality Commission (CQC) and every house met every standard. An exceptional achievement and one we are very proud of.

Our supported living services are on the framework of preferred suppliers in Kent - all of our tenants have picked us to provide their care and support.

Training our staff to ensure we deliver the best quality care and service is important to us – over 800 delegates were trained this year!





Emma and Burghley

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We train all those who attend our Life-Skills in relevant qualifications and are an accredited training provider.

This year saw our first transition of an adult with a learning disability from one of our Life-Skills to part-time, paid employment.

Luke and Shavon

75,000 people visited our Rare Breeds Centre near Ashford, contributing to our charity and seeing our Life-Skills in action.

Fundraising projects this year have helped us to secure money for a food production project at our Rare Breeds Plants & Produce Life-Skill, an additional building at Poulton Wood to help us free up class-room space and even a fantastic new Tractor for the Farm!

## A day in the life of Neil Calvely

#### **About myself**

I am currently living as a resident within the Canterbury Oast Trust. One of my Life Skills Projects is working at the Rare Breeds -Plants and Produce.

## A day in the life...

#### In the morning.

In the morning I water the plants. I also do the weeding around the plants. We then stop for a cup of tea and have our lunch.

#### In the Afternoon.

I make sure I have my boots on. I cut the grass using a petrol mower. I really enjoy Horticulture and I like the great outdoors. I am happy to be in the garden whether it is raining or sunny outside.

# Life Skills: Plants and Produce



### A day in the life of

Lucy, Rare Breeds Farm, Woodchurch

One of my Life Skills Projects is working at the Rare Breeds Farm. I have been attending the Farm for a few years now.

This is my diary...

#### In the morning.

I start my day by making sure I am dressed in the right clothes. I help to muck out the animals and use the wheel barrow and shovel for straw.

## A day in the life...

#### In the Afternoon.

Sometimes I will sit in the new barn with a guinea pig or rabbit while children and their parents come to meet the animals and they can stroke them if they want to while I make sure they don't bite. They don't bite unless they are frightened!

### I enjoy working at the Rare Breeds Farm because...

I learn how to look after the animals, making new friends and meeting different people.

# 

## Life Skills: The Farm

## A day in the life of

Nínette Purcell

### About myself

I attend the Rainbow Gallery for art and craft on friday mornings. I am here from 9.30am to 4pm. I have been attending the gallery since September 2009.

## In the morning.

I walk into the gallery and I found my work thanks to my tutor.

I am being taught to do weave making which when I have finished it will go onto a bag. I enjoy my tea break then we all get together and chat and relax then take our cups to the kitchen and go back to work.

## A day in the life...

## In the Afternoon.

I have finished lunch and the others will come to the gallery and finish off the artwork for theearth project we are doing. Then we stop and do some cleaning then my taxi will come and I will go home.

## I enjoy working at the Rainbow Gallery because...

I have made many friends and we always do something different each week. My only thing is to be able to do more art as I always enjoy it very much!



## Life Skills: Art and Craft



**A day in the life of** Rícky at Farm Víew, Woodchurch

Each Fríday I get up at 6.30am and get ready to leave the house at 8am. I catch the internal bus and that drops me off at Hamstreet train station. I catch the train to Ashford and then walk to my work placement at Wood 'n' Ware. I enjoy working here because I try new tasks and make lots of friends.

At 3pm I leave and walk back to the train station and catch the train back to Hamstreet where a member of my support team will pick me up to take me back to the house.

## A day in the life...

A day in the life of Nicholas at Farm View. Woodchurch

On Wednesday I have a day off. I will normally have a small lay in and come down at 10am.

I use this day to clean and tidy my bedroom and complete any banking or personal shopping that may need doing that day.

Did you know that Farm View is located centrally within the Rare Breeds Farm and C-O-T?



## Ian, Thomas and Jackie

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## Residential: Farm House

Cocale Ta



## **A day in the life of** Harríngton Cottage, Aldíngton.

Each weekend we all help to look after our vehicles. We do our checks then hoover the cars and wash them. We have great fun with the water!

## A day in the life...

## What we like to do.

We all enjoy making our Bug Boxes' and we also paint them using lots of different colours adding fillings inside. We put them outside once they are finished to dry.

## In the Afternoon.

We have a big garden which we really like and sometimes we eat our lunch and dinner outside when the weather is lovely and warm. We also play football and swing ball in our garden depending if it is sunny!



## Sammy, Annie, Charles, Barbara, Leigh and Trevor

# Residential: Harrington Cottage

A day in the life of Catherine Henwood, Ellis Drive.

House work on monday. This is my house day. I love where I live. I get up and make a cup of tea. I make my own breakfast, lunch and dinner.

My housemates are Thomas, Rowena and Becky. I like working at the Rainbow Plants and going out to Wisley Gardens.

We are near a pub and near the shops and I can walk there. The people who we live near and at the shops are really friendly.

## A day in the life...

## On a Friday.

I am a volunteer at the Gallery for art and craft in Woodchurch at the Oast. I like the responsibility.

## Other activities.

I also attend Rare Breeds Plants and Produce life skills which I enjoy very much. I also enjoy going to football on Wednesdays in Ashford.

I like the discos and parties!

This is me helping with Lee at Craft.





## Independent Living: Ellis Drive

## **Incoming Resources**

Year ended 31 March 2012 (rounded to nearest %)

#### 2012

#### **Voluntary and Investment Income**

Donations, gifts and grants - 8% / £463,948 Gift from COT Trading Limited & Investment Income - 1% / £44,254 Incoming resources from charitable activities Care and Life Skills - 80% / £4,549,647 Social enterprise groups - 11% / £626,267



#### 2011

#### **Voluntary and Investment Income**

Donations, gifts and grants - 8% / £440,392 Gift from COT Trading Limited & Investment Income - 1% / £34,139

#### Incoming resources from charitable activities

Care and Life Skills - 80% / £4,442,491 Social enterprise groups - 11% / £622,931



## **Resources Expended**

Year ended 31 March 2012 (rounded to nearest %)

#### 2012

Costs of generating funds Fundraising costs - 2% / £101,571 Charitable activities Care and Life Skills - 80% / £4,531,449 Social enterprise groups - 16% / £904,306 Interest & Governance costs - 2% / £83,913



#### 2011

Costs of generating funds Fundraising costs - 2% / £71,370 Charitable activities

Care and Life Skills - 82% / £4,354,202 Social enterprise groups - 15% / £798,528 Interest & Governance costs - 1% / £61,400



## **Canterbury Oast Trust**

Supporting and providing opportunities for people with learning disabilities.

Canterbury Oast Trust & The Rare Breeds Centre Highlands Farm Woodchurch, Kent TN26 3RJ

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